Preseason schedule for fall sports 2016

**Girls Soccer**
Summer trainings for girls are now every Monday and Thursday from 8:30am-10am on the Lower Field.

Kick arounds are still taking place Tuesday and Wednesday evening
Girls only (will include skill work and fitness)

- Bring cleats, water, ball, running shoes

**Moratorium Week: July 24-30:** Absolutely no soccer on campus as per OSAA regulations, and no soccer related contact with coaches, either. Take a break, enjoy your family, have an adventure.

**Tune-Up Camp:** M-F, August 8-12, 8-9:30am (Lower Field)

- This opportunity is a great way to gear up for preseason, with focus on skills and fitness
- $100 to participate (financial aid available — just ask). Cost will be billed to school account.

**Trip to Seaside Saturday August 13**th (optional) (details to come)

Bus to Seaside and play 2 60 minute games

**Tryouts Aug. 15-19**

Doubles on Monday and Wednesday (8-10am & 6-8pm)

All days have a morning session (8-10am)

**Practice Aug. 22-25**

3:15-5pm each day

First game home against St. Mary’s Aug. 26

Please note the state final is November 12th. I expect players to be available and committed through that date.

Please contact head coach Chris Dorough if you have questions: doroughc@catlin.edu

**Testing dates for the year:**
SATs dates – October 1st, November 5th, December 3rd, January 21st, March 11th, May 6th, June 3rd
ACT test dates: September 10th, October 22th, December 10th, February 11th, April 8th, June 10th.

**Boys Soccer**
Lower Field, Catlin Gabel School

**NON-MANDATORY OPPORTUNITIES:**

Fridays 3:40-5 p.m. April 15-June 3: Community Game

- Open play—anyone in the community can play, and friends are welcome as well.

**Spring Training Sessions (Lower Field)**

- Tuesday May 31, 3:40-5:30
- Wednesday, June 1, 3:40-5:30
- Wednesday, June 8 3:40-5:30
- Thursday, June 9, 3:40-5:30

**Summer Training:**

**Pick Up Games:** Tuesdays and Wednesdays, June 14-July 20, August 2-10, 5:40-7:30, Lower Field

- I will be in and out of town, so will not always be there, but this venerable tradition is a great way to keep your skills up.

**Moratorium Week: July 24-30:**

- Absolutely no soccer on campus as per OSAA regulations, and no soccer related contact with coaches, either. Take a break, enjoy your family, have an adventure.

**Tune-Up Camp:** M-F, August 8-12, 9:15-11:30 (Lower Field)

- This opportunity is a great way to gear up for preseason, with focus on skills and fitness
- $100 to participate (financial aid available—just ask); we will pro-rate @$20 per day. Cost will be billed to school account.

**Non-Catlin Camp Options:**
PRESEASON (MANDATORY) (Lower Field):

First Week: Same schedule for all boys

August 15 (Monday): 8:45-11:15 AM
August 16 (Tuesday): 8:45-10:45 AM, 5:15-7:15 PM (DOUBLES)
August 17 (Wednesday): 8:45-11:15 AM
August 18 (Thursday): 8:45-10:45 AM, 5:15-7:15 (DOUBLES)
August 19 (Friday): 8:45-11:15 AM

2nd Week: Varsity schedule varies from JV

August 22 (Monday): 8-10 AM (Varsity Only)
  5:15-7:15 PM (All)
August 23 (Tuesday): 5:15-7:15 (All)
August 24 (Wednesday): 8-10 AM (Varsity Only)
  5:15-7:15 (All)
August 25 (Thursday): 5:15-7:15 (All)
August 26 (Friday): Varsity Game: Home v. St. Mary’s, Medford Varsity
  (JV practice TBD)
August 27th (unconfirmed): Varsity Jamboree @Gladstone

Cross-Country

Summer Training Sessions (meet at the gym)
Beginning July 1st
Wednesdays 5:30 pm
Fridays 2 p.m.
Required preseason practice (meet at the gym)
August 17 – 21 10-12
August 24 – 28 10-12

State Championship – October 31st

Testing dates for the year:
SATs dates – October 1st, November 5th, December 3rd, January 21st, March 11th, May 6th, June 3rd

ACT test dates: September 10th, October 22th, December 10th, February 11th, April 8th, June 10th.

Please contact head coach Chris Skrapits if you have questions: skrapitsc@catlin.edu

Volleyball
OPEN GYMS:

July 5, 7, 12, 14, 19, 21, 26, 28 - 4:30-6:30 (Tuesdays and Thursdays)

MIDDLE SCHOOL CAMP
August 8-11, 9am-12pm

HIGH SCHOOL CAMP
August 8-11, 3pm-6pm

TRYOUTS
August 15-17, 4:30-6:30pm

PRACTICES BEGIN
August 18, times TBD

Important dates:
1st Round – October 31st
State – November 6th

Testing dates for the year:
SATs dates – October 1st, November 5th, December 3rd, January 21st, March 11th, May 6th, June 3rd
ACT test dates: September 10\textsuperscript{th}, October 22\textsuperscript{th}, December 10\textsuperscript{th}, February 11\textsuperscript{th}, April 8\textsuperscript{th}, June 10\textsuperscript{th}.

If you have questions please contact Chelsea Sanderson: sandersonc@catlin.edu