

Welcome to Winterim 2010!

The mission of Catlin Gabel's Winterim program is to immerse students in intensive experiential learning which furthers their education intellectually, interpersonally, and physically. Winterim endeavors to stretch students in new and profound ways and it promotes different perspectives through participation and experience. The program enhances relationships within the Catlin community as well as at the local, regional, national, and global levels. By collaborating closely with adult mentors, Winterim intentionally strives to develop and improve leadership skills amongst the student body. We are excited to present a wide variety of opportunities to you. From biking throughout the Portland area to backpacking in the Olympic National Forest; creating fabulous fashion from recyclables, to building the latest go-karts; there is something for everybody! Winterim runs Tuesday, March 16 – Friday, March 19. A few Winterim offerings run outside of these dates, so please note those exceptions.

Please print this page and indicate your top eight choices in the blanks below.

- 9th graders: You can select any category you like, but in each subsequent year, you'll choose a different category.
- 10th – 12th graders: Please select categories different from you Winterim last year.

For student-leaders and those of you previously committed to Global Education Trips to Cuba, Japan, and Nepal, please enter your trip's name in First Choice and leave the rest blank.

FINANCIAL AID IS AVAILABLE. Please contact Traci Rossi at 503-297-1894, ext. 346.

ATTENTION ATHLETES: *If you are on a Catlin Gabel varsity team, some of these Winterim programs may interfere with your game or practice schedule. Please check the dates carefully before you decide which one to select.*

~ Go Winterim 2010! ~

Your Name: _____

First Choice:

Second:

Third:

Fourth:

Fifth:

Sixth:

Seventh:

Eighth:

ATTENTION PARENTS! Winterim is intended to take students out of their comfort zones. Please discuss the choices with your son or daughter and encourage enrollment in Winterims which place him or her in new experiences with new challenges and new peers.

Parent Signature: _____ **Advisor Signature:** _____

(Signatures are required before students may enter their preferences electronically.)

After It's Gone, Where Does It Go?

Category: Society & Culture

Cost: \$50

If you have ever wondered what happens to things that are no longer needed, wanted, or useful, this is the course for you. Yes, we're talking about the flotsam and jetsam of society that makes its way daily out of our lives and into someplace far away and out of sight. What was the final resting place of your last set of automobile tires? Where is that old stereo or computer that you gave to the Rummage Sale but was not sold? What happens to the plastic bottles, newspapers, garden debris, scrap paper, glass jars, used motor oil and all of the other things you dutifully place outside each month to be spirited away by your garbage collector? All will be revealed in this Winterim course as we take you on a tour of the many companies and organizations that recycle and/or dispose of the objects we no longer want.

Argentine Tango!

Category: Society & Culture

Cost: \$170

*** Please note this offering involves evenings/nights out, 5 – 11 pm.**

Join us for four days of Argentine tango. Learn about the history and culture of Argentina and tango and how to dance like the Porteños (people from Buenos Aires). Practice the steps in classes, and then take them out to night-time Milongas (tango social dances) to experience the culture and have some fun!

Becoming A Catlinian Legionnaire, Round Two!

Category: Intellectual Playground

Cost: \$85

In this year's bofforz-armed charioteering madness, students will be given immense creative room in designing and building their own chariot-resembling vehicles, and a new design of bofforz, that will revolutionize the chaos. Participants will get the benefits of a team experience. We'll begin with design and build days, and will end in Herculean games and competition. This will all happen at our own Catlin Gabel Campus, no experience necessary.

Breaking the Ice

Category: Sports & Physical Activity

Cost: \$50.00

*** This is a two-day program for Tuesday, 3/16 and Wednesday, 3/17; you must also select a second two-day offering for Thursday and Friday.**

Come spend the first two days of Winterim exploring the multiple facets of ice skating with us! During this Mini-Winterim we will watch ice skating themed movies, go over a brief history of the sport and of course visit the Sherwood ice arena to implement what we have learned for a couple hours each day!

Composing, Performing, and Recording: A Songwriter's Workshop

Category: Arts: Visual & Performing

Cost: \$100

Have you ever dreamed of writing your own original song? Then rehearsing and performing it with your friends? Then recording it with other musicians in a professional recording studio? All this can happen when you join the Songwriter's Workshop Winterim. All students are welcome (no experience necessary) and everyone is encouraged to bring their own instruments, if they have them. The workshop will be led by Doug Fraser, a professional musician/composer and founder of the group,

Quarterflash. The first two days will be devoted to sharing and creating new songs in collaboration with others. The third day we will perform together, and the fourth day we will record in the studio. You'll take home a CD of the recording session that will be a lasting memory of our time together.

Community Service & Habitat

Category: Community Based

Cost: \$0 (except some possible lunches out)

On this Winterim, students will earn all of their community service hours (and more) by volunteering for four days throughout the Portland metropolitan area. We hope to spend at least one day at Habitat for Humanity. Habitat for Humanity is a non-profit organization that builds affordable housing for low-income families. With Habitat, we'll help build new houses for families in need.

Dough? D'oh!

Category: Society & Culture

Cost: \$30

*** This is a two-day program for Thursday, 3/18 and Friday, 3/19; you must also select a second two-day offering for Tuesday and Wednesday.**

In this Winterim, we will consider myriad forms of dough, how it is produced and how it is used in our lives. Do you crave cookie dough? Have a passion for Play Doh™? Knead to know more about bread or pizza dough? This is the Winterim for you. We'll seek out experts, sample a variety of dough products (yes, the baked type) and try our own recipes. We welcome those who are already aficionadoughs, and those who aspire to be.

Go-karts

Category: Intellectual Playground

Cost: \$150

Professional race car driving... go-karting... not much of a difference. If you've ever had dreams of becoming a race car driver, or if you've ever wanted to construct your own go-kart (with an engine), and race that go-kart against other groups then this Winterim is for you! We'll construct our own custom wooden go-karts, learning the basics of construction and safety, all while learning to pimp your ride! The Winterim will conclude with an intense go-kart race. Note: If you don't like to have fun, this Winterim is not for you.

Hitchcock by Northwest

Category: Arts: Visual & Performing

Cost: minimal: public transit and possible lunch(es) out

An introduction to the exciting world of film studies through screening and analysis of several films by Englishman Alfred Hitchcock, arguably the most acclaimed director of the twentieth century. Hitchcock's films are mainstays of academic criticism, but that doesn't mean they aren't more entertaining and provocative than just about anything you can find at the Cineplex today. We'll use films like *Strangers on a Train*, *North by Northwest*, *Rear Window*, and *Vertigo* to learn the basic vocabulary of film criticism (*mise en scene*, cinematography, editing, and sound), guaranteeing that you will never look at movies in the same way again. When we get tired of sitting in the dark, we'll go outside and play British games (croquet, cricket) or, if the weather is cruddy, whist. Because few would knowingly subject themselves to British cuisine, we'll do what wise travelers in Britain have done for decades, eat Italian and Indian food.

Hiking the Olympic Peninsula

Category: Outdoor Adventure

Cost: \$150

In this Winterim, we will spend 4 days backpacking along the majestic coastline of the Olympic Peninsula in Washington. We will hike through towering old growth forests, camp on the beach (maybe even sleep under the stars), find Native American petroglyphs, and possibly play bananagrams... on the beach. The Olympic Peninsula is a beautiful and remote area, which is ideal for learning the basics of outdoor travel while having a good time. No outdoor experience is required, but if you want to spend time in the outdoors, hike, have an adventure, be on the beach, and have fun with old and new friends, this is the Winterim for you.

JUNK'D: The New 'Trashion' Statement

Category: Community Based

Cost: \$150 (The more participants, the lower the price. "Junk to Funk"- see below - is offering 3 students full scholarships on top of the financial aid provided by Catlin Gabel.)

Note this Winterim has activities continuing after Spring Break.

To all models, designers, photographers and event managers: THE TRASH CAN IS CALLING YOUR NAME! With field trips to School & Community Reuse Action Project (SCRAP) and Goodwill and guidance from designers and event managers from Junk to Funk; bubble wrap, coffee filters, black refuse bags, tape innards, bottle caps and teabags will be turned into skirts, dresses, hats, belts, earrings and necklaces. Gucci, Kate Spade, Betsey Johnson and Marc Jacobs have nothing on the haute (HOT) couture we will be creating. I must have failed to mention that we will also be having a full out, fierce fashion show after Spring Break!

La Cuisine Française à la Plage (French Cuisine at the Beach)

Category: Society & Culture

Price: \$100

*** This is a two-day program for Tuesday, 3/16 and Wednesday, 3/17; you must also select a second two-day offering for Thursday and Friday.**

Do you like food? Do you like the beach? Do you like French things? Then La Cuisine Française à la Plage, or French cuisine at the beach, is the Winterim for you! This two-day Winterim will be spent at Gearhart beach. We'll leave Monday after school, and return Wednesday afternoon. Our days will be filled with cooking, eating, and learning the history of our dishes. At night we will watch movies with a French cooking theme. Some dishes could include poulet aux champignons, pomme de terre au gratin, crème brûlée, or crêpes avec fraises! We'll have proper dinners and use our newly learned French meal etiquette. In between means we'll relax at the house, or take walks on the beach. In the end we will compile all of the recipes into a mini-cookbook to share with Catlin community. Come experience French cooking for yourself!

Lava Beds National Monument

Category: Outdoor Adventure

Cost: \$385

*** Please note this trip runs outside of the Winterim timeframe, from Sunday, March 14 through Friday, March 19.**

Want to go explore the depths of Northern California? In this Winterim we will take a train to Klamath Falls and then drive to Northern California to Lava Beds National Monument. For five days we will explore caves, hike in and enjoy the wilderness, all while doing place based learning. We will focus on geology and outdoor skills, all while discovering wonderful caves and trails.

Off-the-Beaten-Road Trip: A Tour of Oregon's Attractions and Edibles

Category: Society & Culture

Cost: \$285

You love Oregon, but have you seen much of it beyond the Portland area and some beaten-track destinations? Join us on a road trip that will pass through some of our state's lesser-known gems, including dune sledding on the coast, theater and parks in Ashland, the Oregon Vortex House of Mystery, and the forested beauty around the McKenzie River. When we grow hungry from our full days of travel, rest assured that we will eat very well at some of this state's culinary highlights. If you want to sample the most decadent cinnamon rolls in the region, this Winterim is a prime opportunity!

Portland Fashion Week – In March!

Category: Arts: Visual & Performing

Cost: \$0 if you have fabric and notions to bring from home; up to \$200 if you purchase the latest special fabrics!

After learning about the history of fashion design and manufacturing in Portland we'll explore its legacy today - and create some fashions of our own! Portland is a hub for independent fashion designers and the DIY (do-it-yourself) movement. We'll crisscross Portland to visit with designers, a fashion editor, the trendy Portland Garment Factory, and then some independent shops to gain inspiration. We'll use our newfound fashion know-how to each create a custom item incorporating our personal style. We'll finish up the week with a fashion movie marathon (spoiler alert: 'The September Issue' and 'Coco Before Chanel' are options....)

Portland Pedal Power!

Category: Sports & Physical Activity

Cost: \$50

Use your bike to take direct action against climate change by joining us on this car-free Winterim. We'll explore all that our fair city has to offer a curious cyclist, learning both how your bike works and how biking works in Portland! You'll learn to navigate safely by bike and make simple repairs. In addition, we'll meet with local biking gurus who will help us understand what Portland is doing to embrace and encourage car-free transport. You'll get some exercise and be eco-friendly, all while enjoying the ride!

Portland Scavenger Hunt

Category: Society & Culture

Price: \$50 (3 full meals will be provided)

*** This is a two-day program for Thursday, 3/18 and Friday, 3/19; you must also select a second two-day offering for Tuesday and Wednesday.**

How well do you *think* you know Portland? Embrace your competitive edge and adventurous spirit in this two-day Winterim. Follow clues to hidden areas of Portland and discover why people adore the city, while becoming more public transportation savvy. We'll visit Portland landmarks, local businesses and other cultural hot spots as we solve clues and riddles in a race between two teams. Evidence of finding scavenger locations will be documented by digital photos and physical souvenirs (takeout menus, gallery brochures, other trinkets, etc.). Teams will meet up for meals and on the second day, scores will be tallied and the winning team will be announced! We'll also interview fellow Portlanders about their opinions of the city. Come join a race throughout all areas of Portland!

Sailing in the San Juans

Category: Outdoor Adventure

Cost: \$330

*** Please note this Winterim trip runs Sunday, March 14 through Thursday, March 18.**

Sail through the beautiful San Juans on a large sailboat with your friends as the crew! This Winterim we will have TWO boats, so there will be twice as many spots for students as in years past. We plan to leave Catlin and civilization and head to the San Juans of Washington. As a group we will sail a large sailboat and live on it for the majority of the trip. Our group will learn to sail the boat, the safety aspects of being on board, and how to cook on the boat. In addition there will be an emphasis on teamwork, which we will explore through sailing the boat, sleeping, cooking and cleaning. The members of each crew will learn how to live in close quarters with each other and how to be self-reliant. When we aren't sailing we will have the opportunity to play games, star gaze, and to dock and explore the nature of the islands. We will leave on Sunday, March 14 and return Thursday, March 18.

Shakespearience

Category: Arts: Visual & Performing

Cost: \$200

Interested in drama? Take your hard earned Winterim seriously and spend it with us. We'll head down to beautiful Ashland, Oregon and spend a few days learning about what goes into a stage production. We'll see classics such as "Hamlet" and "Cat on a Hot Tin Roof," as well as viewing the more contemporary play, "Well." When we aren't seeing plays, you'll have the opportunity to explore the city of Ashland, filled with boutique bookstores, music shops, candy stores, and delicious restaurants. Due to travel space, we're limited to 13 participants, max, so make this your first choice.

Starting from Scratch: Making Instruments and Baking at the Beach

Category: Arts: Visual and Performing

Cost: \$70

In this four-day Winterim, we will travel to the charming coastal town of Manzanita to make musical instruments out of recycled materials and to bake delicious food in a rustic oven. We will utilize Manzanita's exceptional recycling center to assemble materials, and work together to investigate how to make the sounds we desire. The coastal setting will also allow us to experiment with sound by using the powerful elements and weather. Participants are encouraged to bring the instruments they already play to supplement the instruments we will be creating. Look forward to evening jamming, campfires, and tasty treats!

Trail Blazers

Category: Sports & Physical Activity

Cost: \$50

Have you ever thought of what it would be like to ride your bike in the largest forest within city limits in the United States, or ever wanted to improve Catlin Gabel's cross country course, or even just wanted to get out and ride or run? If so, then you'll love this Winterim. We'll be running and biking trails all around Portland. If you don't have a bike you can borrow one from a friend, but if you do have a bike bring it and prepare for some fun!

Washington Cascades Snow and Mountain Adventure

Category: Outdoor Adventure

Cost: \$120

Do you hear the powder beckoning you each morning in history class? Does the tiniest snowflake bring a smile to your face? If you answered yes to either of those questions then we have the Winterim

for you! Join us for four days of adventures in Central Washington's Stuart Range. We'll snowshoe in through snow-covered pine forests; spend a day learning about winter mountain climbing and snow dynamics and then attempt to climb the South Ridge of Ingalls Peak! We'll spend our days playing in the snow, and our nights camped out by a frozen lake. Sign up if you're up for four days of non-stop adventure, snowplay, mountain climbing and of course great fun! No previous outdoor experience required, just a great attitude and love for snow!

Why All The Fuss About Health Care?

Category: Intellectual Playground

Cost: \$40

Have you been wondering why health care has been in the media's headlines just about every day during the past year? Have you wondered how people in Portland decide to get health care? Have you ever wanted to chat with an acupuncturist, a plastic surgeon and a well-known researcher about the various aspects of their day-to-day work? Our intellectual and playful group will read, listen to and discuss a variety of topics related to mental and physical health in our community and in the nation. We will tour hospitals, meet with successful health professionals, interview organ donors and recipients, and analyze the hidden world (costs and politics) behind clinical settings. We will explore and learn. If you're ready to think hard and understand your community a little better... come join us!